



# FUTURE OF 7s CUP

**GIRLS: U14s - U15s & U16s - U18s**

**BOYS: U14s, U15s, U16s**

**X-RUGBY7s TOURNAMENTS**

**HIGHER SCORES  
FASTER GAME**

...COME & WITNESS THE FUTURE OF RUGBY 7S  
BATTLE IT OUT ON THE SW7S PITCHES!



**EVENT:** South West 7s - Festival Of Sport

**DATE:** Sunday 2nd June 2019

**LOCATION:** Cleve RFC - Bristol

**KICK OFF:** 10:00 **AWARDS:** 17:00

**TEAM ENTRY:** £30 Per Team



**TO REGISTER YOUR TEAM OR DISCOVER MORE DETAILS:**

[info@southwest7s.co.uk](mailto:info@southwest7s.co.uk)

- Friends & Families Welcome -

*"Pitch Up For The Weekend, Or Just Come Along For The Day!"*

**TICKETS AVAILBLE VIA THE WEBSITE**

**- WWW.SOUTHWEST7S.CO.UK -**

**Future of 7s Cup 2019**  
**2<sup>nd</sup> June 2019**  
**Tournament Rules & Regulations**

**Key Contact**

Max Lueck (7 Bamboos Rugby), M: 0786 4177 476, E: max@7bamboosrugby.com

**Timings**

Registration: 0 :00-0 :50am

First Kick-Off: 10.00am

Tournament Finish: Around 4.30pm.

**Location**

The tournament takes place at Cleve RFC

(Address: The Hayfields, Cossham Street, Bristol, BS16 EN | [Map](#))

**Age Groups**

*According to season 2018/201*

GIRLS | u14s - u15s / u16s - u18s

BOYS | u14s / u15s / u16s

**Entry Fee** £30

**Competition Format**

- **IMPORTANT: ELIGIBLE AGE GROUPS MUST BE QUALIFIED FOR SEASON 2018/201**
- Duration: 7 min each way, 2 minutes for half time
- Games to be started promptly on agreed schedule time
- Competition draw and schedules will be made available prior to the event
- Teams must register in person and present squad by 0 :50 am on the day of their competition

## Rules and Regulations

- The tournaments will be played to the [X RUGBY 7s Rules](#)
- Each club may enter two teams per age group
- Captains must meet the referee 10 minutes before each game
- Squad sizes must be limited to 12 players

**X RUGBY 7s**

England Rugby

**50M**

**MAX ZONE 7 POINTS**

**CAN BE PLAYED ANYWHERE**

**MAXIMUM OF 7-A-SIDE**

**UNLIMITED INTERCHANGES FROM 5 REPLACEMENTS**

**70M**

**MAX ZONE 7 POINTS**

**TRIES INSIDE THE MAX ZONE 7 POINTS**  
**TRIES OUTSIDE THE MAX ZONE 5 POINTS**

**TACKLES MUST BE BELOW THE ARMPIT AND ARMS MUST BE WRAPPED SIMULTANEOUSLY OR PRIOR TO SHOULDER CONTACT**

**MAXIMUM OF 3V3 AT MAULS**

**MAXIMUM OF 2V2 AT RUCKS**

**RESTARTS PENALTIES AND FREE-KICKS MUST ALL CONSIST OF A TAP-AND-PLAY**

**KICKS MUST BE DIRECTED INTO THE GROUND**

**HAND-OFFS MUST BE BELOW THE ARMPIT**

**SCRUMS ARE PASSIVE (NO PUSHING) AND CONSIST OF ANY 3 PLAYERS, BOTH TEAMS MAY HOOK THE BALL**

**LINEDOUTS CONSIST OF ANY 3 PLAYERS THROW IN, 2 TO JUMP, NO LIFTING IS ALLOWED**

## Insurance

All RFU affiliated clubs will automatically be covered to play at the SW7s Development Cup through the club's insurance.

## Refunds

Unfortunately, we cannot refund paid entry fees if your team is unable to attend the competition.

## Kit

All teams are responsible for wearing matching kit with clearly displayed numbers.

In the event of a colour clash, the team listed second on the competition schedule will be required to change kit or wear bibs.

### **Refreshments**

Refreshments are available on-site, close to tournament pitches.

### **Changing Facility**

Sufficient changing rooms are available on-site close to competition pitches. As there are a number of teams sharing facilities, it is the responsibility of each squad to remove all belongings after vacating. SW7s Festival and 7 Bamboos Rugby does not accept any responsibility for theft, loss or damage to any property left inside.

### **First Aid**

First Aid support will be provided on the day. They will be located near to pitchside.

### **Parking**

Parking for teams is available free of charge on site. Parking locations will be sign-posted.