

JOIN

THE 7s CLUB

**5 FREE
TASTER
SESSIONS**

Every Tuesday

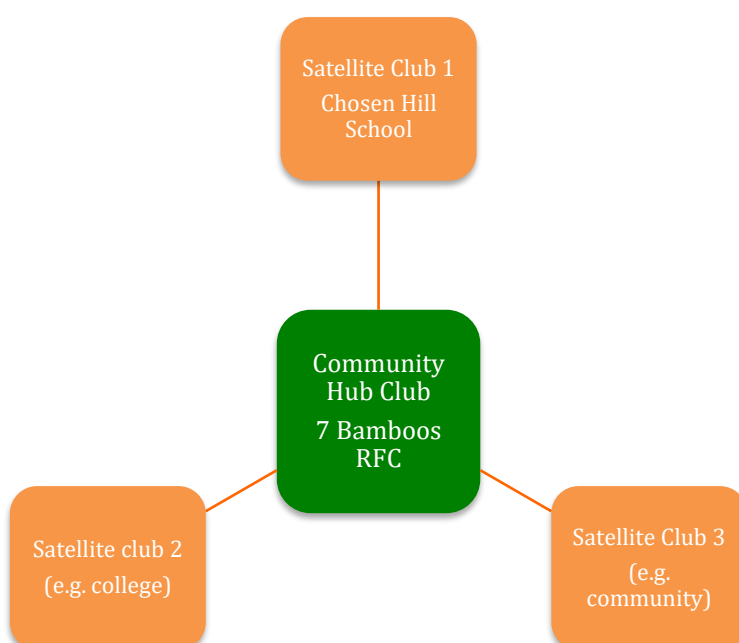
3.15pm - 4.45pm

Just £2 per session

7 BAMBOOS RUGBY SATELLITE CLUB

THE PHILOSOPHY

Our community school programmes help youngsters to get involved in regular activities and to participate in an exciting new Olympic game. Not just since the [London 2012 legacy](#), it is essential that young people become active in their leisure time. Therefore our satellite club closes the important gap between school/college and community sports. It is all about getting new opportunities to create lifelong sporting habits.

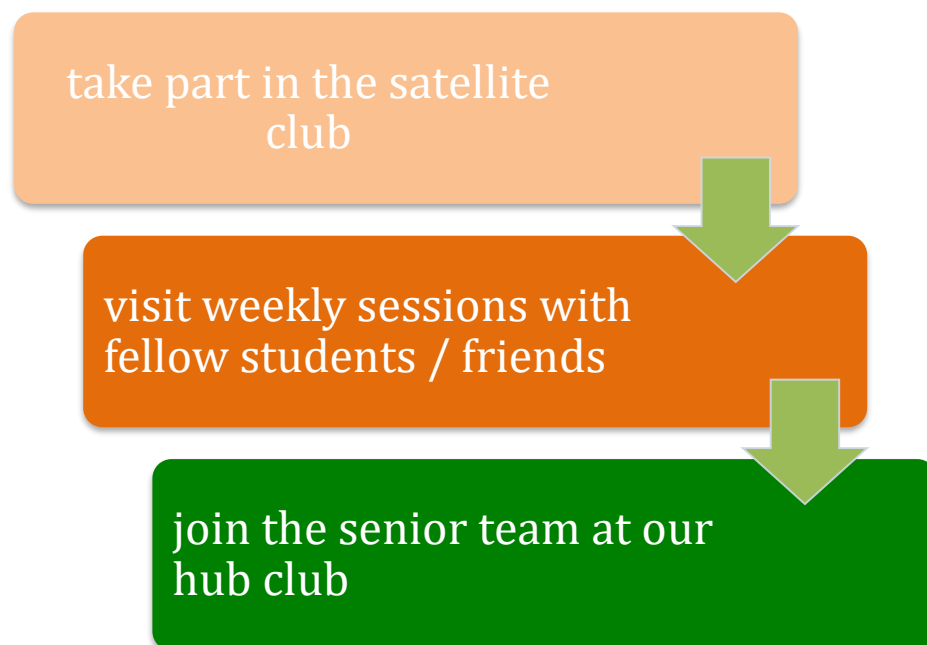


WHAT IS A SATELLITE CLUB?

Satellite clubs are well-known concepts. Think about restaurant chains for example. A provider you know and trust paired with the convenience of being locally based. Satellite clubs are based on the same idea. They are managed by sports clubs who deliver knowledge and experience to places where they engage with new audiences.

Our coaches work closely alongside the satellite host venue (e.g. schools) to create a new sporting community for young people. Each session will be run by fully DBS checked, professional coaches, who are also involved with our senior teams. They are very experienced in the area of unfolding potential and they are equipped with specific skill/personal development tools for individuals and teams.

In a later stage, satellite club participants are encouraged to discover and explore all areas of modern sports environments by joining our senior development squad. We will make this transition as easy as possible and guarantee a comfortable atmosphere and an exciting experience during the time in our club.



Potential route of a satellite club member

WHY DO WE NEED SATELLITE CLUBS?

We identified a significant problem within young people which aren't active during their teenage years because there is a gap between school and community sport. This is among others a reason for the high drop-out rates of youngsters in sports. Our satellite club aim to solve this problem and make the transition as convenient as possible.

Satellite clubs cover the needs of young adults in local communities. Based on experiences, other satellite clubs have already been successful in bringing new audiences in community sport.

BENEFITS

- locally based at Chosen Hill School
- open to all young people, not only the ones' attending the participating school
- run regularly (once a week)
- coached by professionals from a hub club
- less formally structured than a community club
- sporting experience at the right place and the right time
- discover and improve in a new sport
- participate with friends in a familiar environment
- learn to gain responsibilities
- multidisciplinary approaches to link existing skills and nurture more social skills
- encourage social skills like team sense, empathy and morality during athletic activities/within the sport of rugby sevens
- coaching to inspire and enthuse young people by learning essential character building skills